

Northern Ireland

Hope
UK

Sept 2011

My name is Nicola and I'm the Hope UK Project Worker in Northern Ireland. I will be sending out a bulletin occasionally to let you know some of the exciting things that are going on locally, as well as to keep you up-to-date with future events. Please email me if you would prefer not to receive this ☺



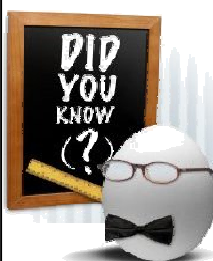
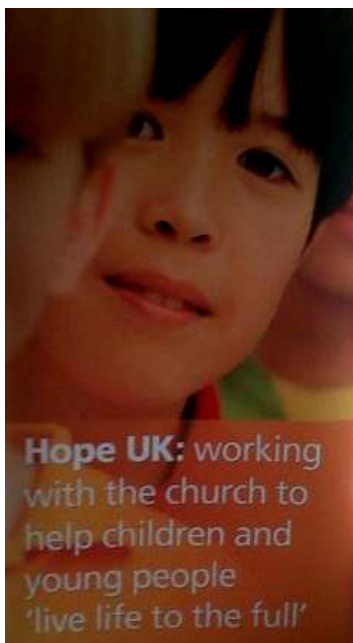
There has been a lot of interest in doing the Drug Educator Training and quite a few application forms have been sent out.

Both the Boys' Brigade and Girls' Brigade have shown interest, which is great, as they are both organisations with ongoing contact with young people.

I have contacted the main church headquarters and information about Hope UK and our 'Drugs and the Role of the Youth Worker' course has been passed on to youth and children's workers.

Schools, churches and youth groups have been contacted to set up dates for sessions for the coming season. Some dates have already been agreed.

There was front page news coverage in a local paper about the drug problem in Portadown. A letter was sent to the paper—and published—which highlighted Hope UK's work and will hopefully bring some requests for sessions and also get some volunteers onboard to do the training.



If you drink 2x large glasses (250ml) of 14% ABV wine, you would consume nearly 9 units, which would be more than twice the daily 'safer drinking guidelines' for both men and women, and would be classed as 'binge drinking'

If you think a group you know would benefit from an alcohol or drug awareness session, please get in touch.



'Beer goggles', which mimic the visual effects of drunkenness, are a great tool for getting people thinking and talking about alcohol. Used in conjunction with Hope UK's 'Take the Test' leaflet, they enable adults and youngsters to self-audit their drinking levels and hopefully make adjustments.



Hope UK needs you!

Hope UK has been working in Northern Ireland for many years, recruiting and training voluntary Drug Educators in different parts of the Province. They have worked with children and young people in many different contexts as well as providing training for parents, youth workers and others with responsibility for children and young people.

With reductions in Government funding, more prevention work is being cut. We believe prevention is better than cure, and expect a huge increase in demand for our work. We want to train at least ten adults as Educators to impact their local communities and help prevent alcohol and drug-related harm in Northern Ireland.

Hope UK's training is accredited by the Open College Network and is **provided free of charge** (the real cost of the training is currently around £860 per person, for which we fundraise). In return, we ask for your time to complete 120 hours of training (which includes 3 training weekends and portfolio completion) and your enthusiasm to impact your community.

You don't need to be a teacher/trainer; the Educator training will teach you how to be a good communicator; how to plan interactive and inclusive sessions; how to work with children, young people or adults; as well as learning about alcohol and drugs. You will watch others taking sessions before doing your own. We will support you all the way through your training and afterwards.

We are looking to start the training later in 2012. If you are interested, please contact our Head Office for an application form (this can be downloaded at www.hopeuk.org/church/train-as-an-educator).

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