

This is our 3rd Northamptonshire quarterly e-bulletin to let you know some of the exciting things that have been happening, as well as to keep you up-to-date with what's coming up. Please email me if you would prefer not to receive this update. **Camille Cummings**, Northants Worker

Hope UK

Winter 2011/12

The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly (John 10:10)

impacting the county -

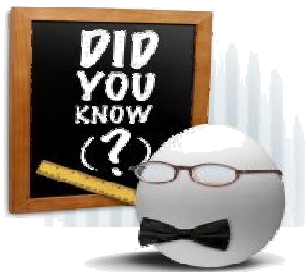
During 2011 we positively engaged with a total of around 3,500 people across Northamptonshire

- approx. 700 Primary school-aged Children
- 1,600 Young people (aged 11-19 yrs)
- and the remaining 1,200 were adults.

In January, it was a privilege to work with Wootton Scout group - their lively young people enjoyed the games and activities that showed how smoking can affect lungs and breathing, and how alcohol impairs co-ordination and judgement (see picture of one of the scouts wearing beer-goggles to complete one of the relay activities, this particular activity required stacking clear plastic shot glasses into a pyramid). Later, when I shared some personal stories of the effects of alcohol and drugs, and some of the consequences that happened, you could have heard a pin drop they were so quiet!

We were also invited to work with Year 5 & 6 students at Overstone Primary and also at Standens Barn Primary School (plus at Standens Barn we also put on an exhibition for parents who wants to know more about drugs and prevention strategies for their family)

If you know of a local youth or parent group that would benefit from one of our interactive sessions, please get in touch (contact details below)!



36 Children a day are admitted to hospital because of alcohol

“Between 2002-2009, 92,220 children and young people aged under-18 were admitted to hospital in England for alcohol-related Conditions” (Alcohol Concern)

There have been cases reported of Cirrhosis of the liver (liver damage caused by alcohol) in youths as young as 17 yrs.

Young people do not cope as well with the effects of alcohol, both physically and emotionally.

Children should really have an alcohol-free childhood. If children drink alcohol, it shouldn't be before the age of 15 yrs. Parents and young people should be aware that drinking, even at age 15 or older, can be hazardous to health and not drinking is the safest and healthiest option.

Helping YOU to help YOUR Church reach out to YOUR local community



Hope UK have pledged to train 12x Christian adults in Northants to give them the skills and courage to engage with youth clubs, primary/secondary schools, & parent/adult groups in their community. Our heart is to prevent alcohol and drug-related harm in children and young people, so that they grow up to be confident and healthy adults that are able to choose Life.

Hope UK are willing to INVEST TIME, RESOURCES & FINANCES to work with 12x Churches across the county. We want to empower those who sense a real calling from God to work with their Church to impact their local communities, by prevent harm and promote Life

No experience is necessary - you will learn everything you need to know to be able to plan interactive & inclusive sessions with children, youths and adults. We help you to be able to reach out into your communities, and show you how to adapt activities to use in detached settings! We will support you through your training and beyond. Training is accredited by the London Open College Network and consists of 3 training weekends and a portfolio compilation of evidence.

If you are 18+ and willing to choose a life free from the social use of drugs (including alcohol & tobacco), then please get in touch with me (Camille) or Head Office.

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