

Professional training

Training for family workers

In many communities there are increasing numbers of community workers, children and family centres, family support workers, outreach workers, etc. People who work with families may not necessarily be trained in the area of drug awareness and prevention. Hope UK trainers can offer an OCN accredited course to professionals working with families.



Working with youth workers

Voluntary or paid youth workers see young people regularly and build relationships as well as give advice and support. Most of them need to discuss issues they face weekly, such as drugs and the law, why people take drugs, and what they can do to help. Hope UK trainers can help by providing a practical, OCN accredited course for them.



Working with local schools

Drug Education is part of the PSHE (Personal and Social Health Education) curriculum. Where the local workers are available during school times, they can lead drug awareness sessions in local schools or help train teachers.



If you or your organisation would like to use, or work with, Hope UK in your area, please contact :

enquiries@hopeuk.org or 020 7928 0848

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Hope UK

**Equipping young people in
your community
to make drug-free choices**



WHAT IS THE PROBLEM?

While the use of formerly 'legal highs' is decreasing among under 25's, use of nitrous oxide has become widespread and the silver/grey canisters can be found in most communities.

Excessive alcohol consumption is also causing relationship break-ups, health problems, crime and accidents, but we are pleased to see that more than half of young people are now choosing NOT to drink alcohol*. It is likely that increased awareness is playing a part. This trend may not continue unless drug and life skills education continues inside and outside the classroom.

**Smoking, drinking and drug use among young people in England 2014*

WHERE DOES HOPE UK FIT IN?

Hope UK, a national drug education charity, has an important role to play in local communities to reduce the harm caused by drug and alcohol use. We use committed local teams of volunteers trained with an Open College Network (OCN) accredited course to work towards this goal by delivering flexible interactive drug awareness sessions.

WHAT CAN HOPE UK OFFER?

Our workers are equipped to help children, young people, parents and youth workers to increase drug awareness and improve their skills. Here are some examples of what Educators are trained to do:-

Working with young people

Young people are at the heart of our vision. They need opportunities to develop decision making and peer resistance skills, as well as gain drug information and other knowledge.

Hope UK works with young people wherever they are. Our new youth branch **Generation Hope** involves young people in drug prevention work as well as helping them develop useful life-skills.



Working with parents

Many parents feel helpless when it comes to preventing their children or young people from using drugs. They often lack correct or up to date information and practical ideas for prevention and intervention. Hope UK workers can visit parent groups to lead interactive sessions or workshops.



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Working with children

Drug prevention for children is very different from the rest of Hope UK's work. Apart from teaching children about alcohol and tobacco, the issues here are also about risks, safety, body facts, self-esteem and choices.



Working with the voluntary sector

We work with the huge number of children's, youth and parenting groups, as well as uniformed organisations

Hope UK workers can offer drug education specifically tailored to meet the needs of these groups.