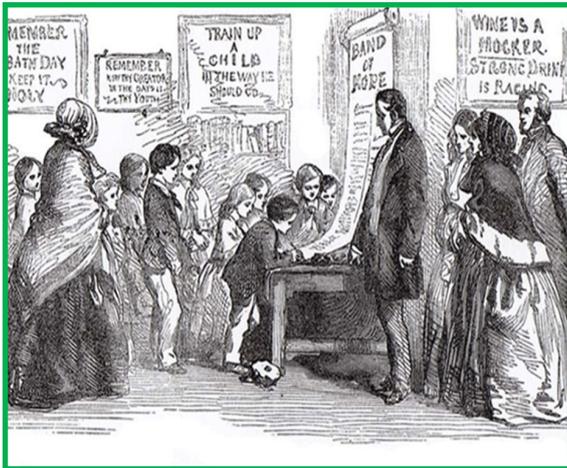


## Band of Hope Survey

Do you Remember the Band of Hope?

We are asking for your assistance in helping us to look at how effective our work, and the work of affiliated groups, has been over the years.

As you may be aware, Hope UK is the current name of the organisation formerly known as the Band of Hope. We are looking for people who attended Band of Hope events, clubs and residentials (and those of affiliated organisations). If that is you - or you know someone who fits the description - we would be very grateful if you could complete our survey, in order to assist us in evaluating the effectiveness of our work, and the work of affiliated groups over the decades, in equipping young people to make drug-free choices.

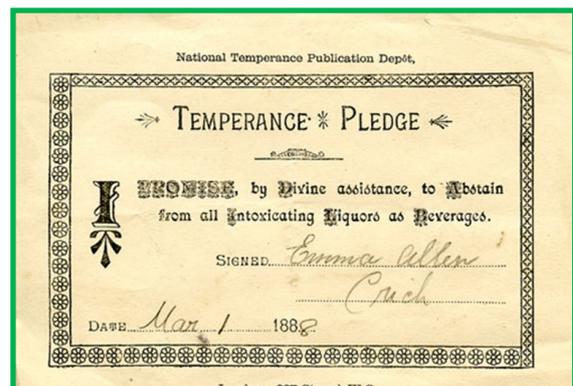


The information in the report which we intend to produce will be anonymised. There are various ways you can complete the survey, including online options as well as filling in a paper survey if that is your preference. In addition, we have provided a set of notes to help you, by clarifying some of the terms we have used. We can also provide a large print version of the survey, or if you would find it easier we are happy to complete it by phone.

We would like to make this survey as comprehensive as possible, and would therefore be grateful if you could let us know of anyone else who you think may be interested in telling us about their experiences of the Band of Hope.

We are aware that some people would also like to tell us about the experiences of the Band of Hope of friends or relations who are sadly no longer with us. We would indeed love to hear their stories as well. If you would like to tell us about them, the Family and Friends Survey can be completed on their behalf.

You can find the survey—in its various forms—at [hopeuk.org/bandofhope/](https://hopeuk.org/bandofhope/) If you have any questions at all, please email us on [survey@hopeuk.org](mailto:survey@hopeuk.org) and we will be pleased to help.



## We are back...

As the rules change and places become more open, we are starting to do more and more 'in person' sessions. Staff and volunteers are busy participating in school health days, leading RSE lessons, training street pastors and helping young people develop healthy life skills.

So what does that look like? Sometimes we are participating in a special day in a school where a year group (or occasionally the whole school) take time out from the usual timetable and have lessons delivered from a variety of agencies. A recent day included the police talking about knife crime, school nurses speaking about healthy eating, a historian explaining what jobs in museums and archives are like, and Hope UK leading discussions about county lines.

Adult training has included helping people know what drugs look like, and what paraphernalia they might find. We can discuss legal requirements, look at scenarios and what people might do, and where they might get help if they need it.

Recent life skill lessons have included looking at healthy friendships, managing peer pressure, and (for adults) how to initiate conversations about drugs with young people.

This increase in sessions is very slowly recovering—we can always do more, so if you run a group, contact us!

## ...but are still online!

Are you a parent, youth worker, church leader or community leader? If so, we know you are usually very busy!

Hope UK offers 1-hour, online (Zoom) sessions to help you quickly learn what you need to know, without leaving the comfort of your home or office.

Our sessions are varied and may cover:

- Information about specific substances, or drugs in general.
- Things for organisations or families to think about (e.g. drug laws, drug policies, interventions).
- Ways to help children and young people develop helpful life skills that may keep them safe from drug-related harm.

Book our current courses at [hopeuk.org/events](https://hopeuk.org/events)

<b>Date:</b>	<b>Session title and outline</b>	<b>Who For</b>
21 March 2pm	'What Every Youth Worker needs to know about County Lines'	Youth Workers
29 March 7.30pm	'What's So Happy About Laughing Gas?' (A session about nitrous oxide)	Any adult
4 April 7.30pm	'What Every Parent needs to know about County Lines'	Parents/carers
26 April 11.30am	'What Every Youth Worker needs to know about Drugs and Young People' (Basic drug awareness session for youth workers)	Youth Workers
16 May 7.30pm	'What Every Parent needs to know about Drugs and Young People' (Basic drug awareness session for parents)	Parents/Carers
24 May 7.30pm	'What's So Relaxing About Weed?' (A session about cannabis)	Any adult
16 June 11.30am	'What Every Church needs to know about Drugs'	Church workers and volunteers
21 June 11.30am	Life skills for your child/youth group 1 – Making Decisions	Parents/carers and youth workers
27 June 11.30am	Life skills for your child/youth group 2 – Peer Resistance	Parents/carers and youth workers

# Generation Hope Update

In the latter half of 2021, after over a year of online youth work, Hope UK ran three Generation Hope weekends for our young people!! These were slightly smaller than pre-pandemic weekends, but what we lacked in numbers our young people and leaders made up with the highest level of enthusiasm, passion, and fun!

For many of the young people it was the first time they had met anyone outside their school bubbles and leaving their local area since the pandemic. Several admitted feeling anxious about stepping out of their smaller social sphere, but once at the residentials they thrived and had a great time reengaging with people and learning together with new and old friends.

At each weekend the goal is that every young person leaves the weekend feeling valued, encouraged and confident in themselves and that they have the skills to face the next stages of their journeys. We ask the young people in advance which topics they would like us to cover – this can range from life skills and drug education to Bible teaching.

Hope UK's goal for 2022 is to continue running our Generation Hope residentials and connect our young people together to grow and support each other:

15-18s Weekend Away: 18<sup>th</sup>-20<sup>th</sup> March

11-14s Weekend Away: 21<sup>st</sup>-23<sup>rd</sup> October

18+ Weekend Away: 11<sup>th</sup> -13<sup>th</sup> November



## Looking for younger members:



The 18+ Weekend Away marked the first Generation Hope residential targeted specifically for our young adults. Currently we have over twenty young people that are actively involved in Hope UK in the 18+ category, and that number is growing even more this year!

However, our numbers for those aged 11-14 and 15-16 years is considerably smaller and we desperately need to increase them so we can continue to support young people into adulthood.

This is where we need YOUR help!

We are looking for younger teenagers to join in with Generation Hope activities.

Please tell your young people about Generation Hope events and invite them along.



# Annual Meeting and Weekend

## 8th—10th April 2022

Advance notice: Our AGM and Conference weekend will, we hope, take place in person in 2022. The AGM will take place on Saturday morning, and we will make sure it is also online, so those of you unable to travel will be able to join in. If possible, we will also put some of our sessions online.

However, we would love you to join us! We will be at All Nations Christian College, Ware, Hertfordshire. The weekend is for all staff, trustees, educators, members and Generation Hope young people. As well as the AGM we will have training sessions, prayer and worship, games, food, networking opportunities and much more.

## #AllDressedUp

Do you love an excuse to dress up? Or are you looking for easy ways to raise money for Hope UK?



In May we will be running our #AllDressedUp social media campaign—to highlight our work and raise a few funds. We encourage people to post a picture of themselves dressed up to do some tasks you wouldn't normally dress up for. Add to the picture a few words about Hope UK, and encourage your friends to dress up, and/or make a donation to Hope UK.

Easy! (And fun.)

Easy! (And fun.)

## Volunteer with us.

As we begin to get more in-person sessions, we are looking for people to help us with our work. We need volunteers who will train to be educators—to lead drug education and life skills training sessions (all training given). We are also looking for people who will help us deliver 'Junior Citizens' - you would learn to lead a 15-minute presentation which you would repeat with groups of 10- and 11-year-olds. And, if you are anywhere near Kettering, we would love help with making resources, maintaining our database and other admin tasks.

If you have a bit of free time and are interested in helping equip young people to make drug-free choices, why not contact us ([enquiries@hopeuk.org](mailto:enquiries@hopeuk.org)) to find out more.



## Is your information up to date?

We hope you enjoy hearing from Hope UK, about our work. However, we are aware that we may be contacting an organisation and the person we used to mail has moved on — or maybe you would prefer not to hear from us any more.

Please contact us at [enquiries@hopeuk.org](mailto:enquiries@hopeuk.org) if you would prefer not to hear from us again (or call us on 020 7928 0848).

**Hope UK, 50 Gold Street, Kettering, NN16 8JB**

T: 020 7928 0848

E: [enquiries@hopeuk.org](mailto:enquiries@hopeuk.org)

[www.hopeuk.org](http://www.hopeuk.org)