

Freedom – Suggested Activities

1 RULES:

Rules are often there to help keep order or keep us safe. You could play some games without rules, or changing the rules, to see what happens. (Be careful not to make things dangerous)

For example, playing football when you can change sides whenever you want, pick up the ball and run with it, etc.)

After the game has ended (or fallen apart!) you can discuss how people felt during the game, and whether their experience makes them think differently about freedom and rules.

2 CREATIVE WRITING:

In groups, or as individuals, ask people to write about someone's day (can use different styles of writing) if they live free according to the dictionary definition of freedom. People can then share their ideas and discuss.

3 DESIGN A SOCIETY:

In groups, ask them to design a miniature world. Describe the world and what it is like. Who lives there? (You could use a digital/online game for this!)

Ask them to create their own rules for this world. They might like to think about them under various headings like

- criminal
- how people treat each other (social norms)
- health rules

Discuss with them their worlds and what they chose as their rules. Suggest a scenario and see if the rules they have created can be applied. (For example, one of their inhabitants accidentally kills another, one fails to educate its child...) Discuss why they chose the rules they did – why were these things important to them? Are there any similarities or differences between the groups?

4 VISUAL AID – SLAVERY TO SIN:

Get the group to draw up a list of 'sins' (try not to get too controversial with this). Write each one on a post-it note (or similar) and put each one in a bucket.

Give everyone a long piece of string and ask them to pick out a 'sin' (or more) and attach it to their string. Then gradually tie the group together with the strings (they don't have to be close together – just make the string long). Read Romans 6. 6-18, and as you do, gradually cut each string so that, by the end, the group is free.