

## Who we are...

Young people navigate their way through many challenges – including what to do if they are offered a drug. Both legal and illegal substances are freely available in this internet age, wherever you are or wherever you live.

In response to this huge challenge, our mission is to support, educate and equip young people with the skills they need to make healthy choices when faced with decisions about alcohol and other drugs. It's a mission which began more than 160 years ago when, as the Band of Hope, we championed the rights of children to enjoy an alcohol-free childhood.

# Hope UK

## Equipping young people to make drug-free choices



## What we do...

We offer bespoke, interactive sessions to enable young people and adults to develop the knowledge and skills they need to negotiate issues around drugs, including:

- Activity-based lessons for schools and youth groups, tailored to the national curriculum.
- Parent workshops – what drugs do, what to look for, the law, and talking to your child.
- **Drugs, Life and You** – a course for young people helping them to develop life skills including resisting peer pressure and improving self-esteem.
- Interactive exhibition stands at community events, offering 1:1 learning.

## In the UK

*17% of 16 to 24 year olds have tried cannabis*

*Around half of people using new psychoactive drugs are aged between 16 and 24*

## How you can get involved...

**Volunteer with us** and train to become a drug educator.

Our drug educators are trained to nationally recognised standards.

Open College Network London accredit our professional training. Once trained, our educators are able to deliver sessions and other activities within their local communities.

**Receive our mailings** and keep up-to-date with what we are doing.

**Fundraise for Hope UK/donate regularly.** It costs us more than £1,000 to train one drug educator. Every session delivered to a group of young people costs us approximately £5 per young person.

**Support Generation Hope** to deliver events for young people (see right).



## Calling all young people between the ages of 11 and 25...

Our youth branch provides opportunities to develop life skills and make new friends through social events, day activities and residential.

Learn how to help lead drug education sessions alongside adult educators, or train to become a peer educator. Generation Hope offers you the opportunity to participate in workshops throughout the year that will appeal to your interests and will help you to develop life skills for the real world.



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As a Hope UK Drug Educator for almost 10 years, I've developed a lot of expertise on drugs and alcohol. I've had the privilege of sharing my knowledge with a huge range of people – children, young people and adults, which is a hugely rewarding feeling.  
(Mary, Drug Educator, Hertfordshire)

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“It is clear that Hope UK is the main reason why the idea of taking anything to excess has never been a temptation for me. But the charity's impact on my life has been far greater than that. It helped me gain confidence and communication skills.” (Jonny, 23)

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# CONTACT US



Raising awareness about alcohol  
and other legal and illegal drugs

Helping children, young people  
and parents to make informed choices  
about substance use

Training churches to respond to  
community needs

Accredited training for Youth Workers  
and Family Workers

*All our staff and volunteers are fully trained,  
including in safeguarding, and DBS checked.  
They have regular supervision and training.*

Offices:

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Northamptonshire, NN16 8JB

Latimer Congregational Church, Ernest Street,  
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Hope UK

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Generation Hope

generationhope@hopeuk.org | 020 7928 0848

Bookings

bookings@hopeuk.org | 020 7928 0848

Website: [www.hopeuk.org](http://www.hopeuk.org)

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‘I really liked that it was so interactive  
– good balance of teaching styles’  
(Teacher, England)

‘All drug sessions should be like this –  
this is the best one we have ever had.’  
(Teenagers, England)

‘One of the best trainers  
we have worked with.’  
(Youth Worker, Wales)

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*Note: Statistics from Drug Misuse 2017/18 (Home Office)*