

### Junior Citizens

Junior Citizens is a programme run in some local authorities to teach children in year six (ages 10 or 11) how to keep safe in their transition from Primary to Secondary school. Alan, one of our voluntary educators and trustees, has been running Hope UK drug prevention activities at Kingston Junior Citizens for the last 10 years. This year he had the opportunity to extend this work, and has also run activities at Reigate and Banstead Junior Citizenship, and at Epsom & Ewell and Mole Valley Junior Citizens.

Over six weeks, with support from various volunteers and staff members, Alan has met more than 4000 students from many schools—working with them in small groups. The activities he leads with them are an introduction to drug awareness. As a result of this work he then gets invited to various schools and organisations to visit and do more 'in-depth' work with the young people.

For students in year six this work is so important, as they prepare to go to secondary school, and may have to manage all kinds of situations that they haven't yet had to face. Hope UK starts a process here that we will then build on as we visit them in their schools and youth organisations.



### GH Fun Day

Charmaine, our National Youth Co-ordinator, arranged a 'fun day', to meet some of the young people in Generation Hope. (Are they allowed to have fun?!) Helped by the youth council members, she led a variety of activities—here are some photos.



## Hope UK Films

It was a coldish October day in 2017, when Hope UK Films met at Latimer Church to film our first shorts on drug education. Helped by a professional film crew, Magic Lantern experts (one of whom, Richard Rigby, restored our own Hope UK Lantern to its Victorian beauty) and five young members of Generation Hope, we filmed some beautiful slides from the Hope UK archive and narrated the stories. It was a good but long day and although it has taken time, our films are now getting out to the world. with nominations in Africa, the USA, Indonesia and London. We have just been confirmed for Nice International Filmmaker Festival in May also! We won 'Best Costume' at the London International Film Festival.

Eventually our films will be part of a schools educational resource available to schools for healthy living/history lessons. As I work in schools a lot I think they will be very well received. They also explain that although we were founded in the Victorian era, today Hope UK is a modern drug education charity with a large geographical reach. Who knows what will happen next?!  
(Kate, trustee and volunteer)



## University Discovery Day



Jane Marshall provides expert advice and guidance on university and job applications and interviews.

For more details contact:  
E: [generationhope@hopeuk.org](mailto:generationhope@hopeuk.org)  
T: 020 7928 0848

generation  
Hope



Why don't you come and explore what it means to prepare for it.

**Date and Time**  
**Sat, 23 March 2019**  
**09:00 – 15:00 GMT**  
**Location: Stepney Green**  
**Age: 11 to 18 years old**

## Ways to get involved

This year we are introducing two new projects you (or your organisation) might like to get involved with.

The first—the 'Yes-No' Challenge, is a game for schools and youth groups, which comes with a pack of suggested activities and session outlines. How are the young people you know at resisting peer pressure? Can you help them practice? The resources will be on our website later this year.



Meanwhile, we often forget that caffeine is a drug (sorry!). So we are challenging people to give up caffeine drinks for September—in the 'Coffree Challenge'. We will be providing a pack to help people—and if you join in, you might like to give the money you save to Hope UK!



## Introducing some Volunteers



### Shanta

Has worked with Ian, a local worker, to run detached stands in a variety of locations, including a local FE college. He has also spoken at churches in his area.



### Kate

Is a GP and trainee vicar, yet somehow makes time to also volunteer with Hope UK! As well as taking a variety of sessions, she has also helped us with various Generation Hope events, including 'looking after' the 15+ group last year when they led their own sessions.



### Dan

Kindly travels to lead sessions in a variety of places in the UK, but has developed a 'course' for his local residents group. He will be a speaker at our conference this year.

## Amazon Smile

Did you know that it's easy to raise money for Hope UK every time you shop with Amazon?

Amazon Smile is a simple and automatic way for you to support Hope UK every time you shop, at no cost to you.

When you shop at smile.amazon.com, you'll find the exact same prices as Amazon.co.uk, with the added bonus that Amazon will donate 0.5% of the purchase price to Hope UK.

Setting up Amazon Smile is simple! Find out more here...  
<https://smile.amazon.com/gp/chpf/about>



## Volunteer as a Drug Educator



Children and young people are at the heart of Hope UK's mission.

Our mission is to equip young people to make drug-free choices.

Our vision is to see young people develop the knowledge and life skills needed to make healthy choices around drug-use, and to be able to transfer these skills into other areas of their lives.

"Overall, we have learnt not to take drugs because we are beautiful smart children"  
- Student, London



Hope UK's Drug Educators...

- Volunteer in their local community
- Take sessions/informal activities with young people and adults
- Are trained to help prevent drug related harm
- Receive accredited training and ongoing support

If you...  
Share our vision

And are...  
A drug and alcohol-free Christian

...We'd love to hear from you.

Please visit [www.hopeuk.org/volunteering](http://www.hopeuk.org/volunteering) or call 020 7928 0848 for your FREE information pack.

50 Gold Street, Kettering, Northamptonshire, NN16 8JB  
020 7928 0848 | [enquiries@hopeuk.org](mailto:enquiries@hopeuk.org) | [hopeuk.org](http://hopeuk.org)

## Annual Meeting and Conference

Don't forget our conference and Annual Meeting weekend.

We will be at All Nations College, Ware, Hertfordshire on **12th –14th April 2019**. (Generation Hope 15-25 year olds will start on 11th).

The Annual Meeting will be held at 2pm on the Saturday (13th April) you are welcome to attend the meeting and/or the whole weekend.

A great opportunity to meet our staff, volunteers and GH young people, and find out more about our work.

If you would like to attend or want more information, contact [c.dengel@hopeuk.org](mailto:c.dengel@hopeuk.org)

## Is your information up to date?

We hope you enjoy hearing from Hope UK, about our work. However, we are aware that we may be contacting an organisation and the person we used to mail has moved on—or maybe you would prefer not to hear from us any more.

Please contact us at [enquiries@hopeuk.org](mailto:enquiries@hopeuk.org) if you would prefer not to hear from us again (or call us on 020 7928 0848).

**Hope UK, 50 Gold Street, Kettering, NN16 8JB**

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[www.hopeuk.org](http://www.hopeuk.org)

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