

The newsletter brought to you from lockdown

In some ways, a lot has happened since our last mailing, in other ways it seems like life is on hold. At Hope UK there is no such thing as standing still. The staff team are working hard from home doing new things. With the closure of schools, churches, youth groups, etc. we have had to rethink how we do drugs prevention.



Last year, at conference, Andy had a conversation with an educator who suggested that Hope UK should develop resources online for time-challenged parents and for schools and young people in places where we don't have educators. The trustees considered this and decided we did not have the time or expertise to develop this and we do education face-to-face. Then the world was hit with COVID-19! Suddenly we couldn't do face-to-face and we had the time to explore things we had previously dismissed.

Sarah and Andy have been writing training materials to which Graham adds his creative genius to make them work online. We have created several e-learning modules covering County Lines, addiction, alcohol, smoking, mental health, and more. These are all available **NOW** on our new resources website (resources.hopeuk.org). Have a look and let us know when you use any.

Meanwhile, Debbie, Angella and Ian have been looking after our volunteers; Joe and Thuli are continuing to fundraise and Hannah is busy looking after our Generation Hope young people.

Here we are, all working from home. As you can see more than one of us is enjoying working with our furry colleagues.



We haven't forgotten Rachael. She is nursing full time for the NHS at the moment but will be back with us once the current crisis is over.

ANNUAL CONFERENCE 2020 - the conference that wasn't

Often in the summer mailing you would expect to see some pictures and an update from our annual conference at All Nations College. Sadly, we had to cancel it this year due the restrictions imposed by government to limit viral spread. We had lots of exciting things planned including, no doubt, a game with questionable rules. So, here's a picture from last year to whet your appetite for 2021.



Of course, this meant that we could not hold our annual meeting. This is now planned for 4th July 2020 using online voting and meeting solutions. You will receive a separate mailing about how to be involved in that.

Drugs education in lockdown—doing things differently



Michelle Arthurton from Skegness has been trialling Zoom for drugs education. She has run a couple of live online sessions for people in her church and Girls' Brigade officers.

One of the activities she tried was a true/false drug quiz. She says, 'Everyone had 2 sheets of paper - one with true on and one with false on, they then had to hold up the answer they thought was correct. This caused a few laughs as some of their wordings were back to front, depending on their cameras!!' Her largest group was ten people which she says, '...is probably the maximum I would recommend.'

Why not try it yourself? One final thought from Michelle, 'Sessions on Zoom seem to take longer than I thought they would, so make sure you keep an eye on the time.'

Well done Michelle!

If you're doing something new and innovative we'd love to hear all about it.

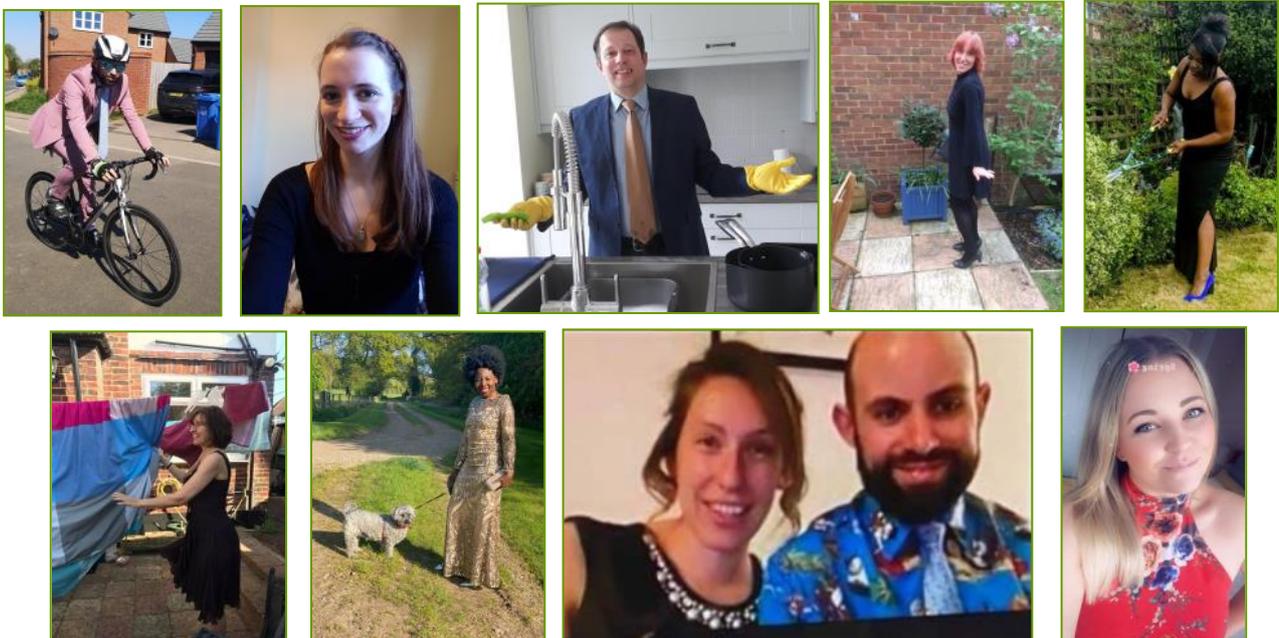


Hope UK in the (social) media

To celebrate the 165th anniversary of the formation of the UK Band of Hope Union we had planned for a Week of Hope activities to raise the profile of Hope UK. But, like so many things this year coronavirus got in the way. So what had been planned as coffee mornings, cake sales and bank fundraising became a social media campaign instead. You may have seen on Facebook pictures of Hope UK people with the hashtag **#causeforhopeuk**. People were encouraged to post photos of things that gave them hope in spite of what was going on elsewhere. Here is a selection.



And, we had the **#alldressedup** media campaign too. Here are some pictures. It is possible that Joe got into the dressing up just a bit too much!



If you are a teacher, or read Times Education Supplement (TES) for some other reason, you may have seen Sarah's article about the rise in drug related incidents in schools. Sarah was approached by TES for comment on this issue. You can read the full article here—[tes.com](https://www.tes.com). What great publicity for Hope UK.

'We can't ignore the rise in drug incidents in schools'

Schools have a lot to think about right now – but they must focus once again on tackling drug use, says Sarah Brighton

By Sarah Brighton
01 June 2020 - 11:53

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Aviva's Community Fund, in partnership with Crowdfunder, is giving selected charities an opportunity to raise funds from the public and Aviva employees. We are excited to have been one of the charities selected.

Our project went live on 3rd June 2020 and our target is to raise £10,000. The funds will go towards adapting Hope UK's drug-education activities to online resources.

You can find out more about the project by going to, <https://www.avivacommunityfund.co.uk/hope-uk-online-in-the-home-1>

We are inviting you to help us reach our target by donating and/or sharing the link with friends and family. The project will be live until the 22nd July.

Thank you for your continued support, it is greatly appreciated.



The COFFREE Conqueror Challenge is back for September 2020!

It's the same as last year... Go coffee-free, tea-free (or any other caffeinated drink) for the whole of September, and raise money from friends and family for Hope UK.

Done it before? Doing it for the first time? Doesn't matter! Do it this September, and change the lives of young people!

Are you worried about County Lines, and the exploitation of young and vulnerable people?

By going coffee-free, tea-free or any other caffeinated drink-free and raising money for Hope UK, you can support Hope UK's work in educating young people about drugs, and changing the lives of people threatened by County Lines.

For more information, please visit www.hopeuk.org/coffee/

Is your information up to date?

We hope you enjoy hearing from Hope UK, about our work. However, we are aware that we may be contacting an organisation and the person we used to mail has moved on — or maybe you would prefer not to hear from us any more.

Please contact us at enquiries@hopeuk.org if you would prefer not to hear from us again (or call us on 020 7928 0848).

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