

## Dangerous drugs

<b>Type of exercise:</b>	Introduction Information	<u>Drug Information</u> <u>Attitudes</u>	Related Skill Development
<b>Approximated time:</b>	5-20 minutes		
<b>Age range:</b>	14+		
<b>Equipment:</b>	'Dangerous drugs' slips (ideally laminated or on card)		
<b>Learning outcome:</b>	To give learners a chance to discuss different drugs. To challenge learners' attitudes. To help learners to know more about dangers of drugs.		
<b>Tips/information:</b>	There's no right or wrong answer		

### Description of exercise:

Ask people to get into groups.

Give out names of drugs and ask the groups to put them in order of danger, with the most dangerous at the top and the least dangerous at the bottom. Get them to discuss within their groups.

When everyone has finished, ask them to come back to the main group to give their opinions about which were the most dangerous. Encourage them to think about what 'dangerous' means to them.

Most addictive? - Heroin and Nicotine

Killing most people? - Tobacco

Most likely to kill people at the first time of use? - Solvents

Most effect on the society, causing social problems? - Alcohol

They may well have other suggestions about what dangerous means, which is fine, as this is a discussion, not a quiz!

Please note - it is helpful to have statistics on death numbers, effects of alcohol in the community etc.

Suggested drug names: Alcohol, Nicotine, Cannabis, Heroin, Ecstasy, Solvents, Cocaine, Synthetic Cannabis (Spice), Amphetamines, Caffeine