

Shopping bags

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| Type of exercise: | <u>Introduction</u> | <u>Drug Information</u> | <u>Related Information</u> |
| | Attitudes | Skill Development | |
| Approximated time: | 20 minutes | | |
| Age range: | 15+ and Adults | | |
| Equipment: | Several plastic bags containing: Needle exchange bag (from a needle exchange pharmacy) or a Sharps box; black tile/mirror; rolled up bank notes (photocopied); plastic bottles, cans, straws solvents, heroin, cocaine, cannabis, pack of cigarettes, medicine, wraps, glossy magazine and anything else you want! | | |
| Learning outcome: | To help learners understand the variety of items used for drug-taking, find out what level of knowledge the group has. | | |
| Tips/information: | Make sure you are well informed, as you are likely to be asked lots of questions! | | |

Description of exercise:

Introduce by saying you have been shopping, showing the bag with what you bought, containing different items used as paraphernalia or other drug-related items (see list above).

Ask the group to get into smaller groups, giving each group a bag of similar items and ask them to put the items in piles, deciding which ones are drugs/can be used for taking drugs and which cannot. They can also put things in a middle pile if they are not sure what the item is.

Feedback and discuss. Explain what each item can be used for, especially things they have put into their piles of 'don't know'.