

Throw Me a Name.

Approximated time:	Varies.
Age range:	11+
Equipment:	Bean bag/small ball
Learning outcome:	To find out what drugs the group has heard of.
Tips/information:	Obviously, the group will think of different names/types of names depending on their age and experience. This is a good way to find out what they have heard of so you can adapt your teaching to be relevant to the group.
National Curriculum:	Drugs, Alcohol and Tobacco.

Description of exercise:

Throw a ball/beanbag to someone in the group. As they throw it back to you, they mention a name of a drug. It may be a slang name, a medical name or a type of drug. (Optional: If they say a slang name you say the correct name as you get the ball back (if you don't know – miss this bit out!)).

If someone cannot think of a name, they just throw it back to you and you throw it to someone else.

If appropriate, you can let the group throw the ball amongst each other. Make sure everyone is included.

You might also want to have someone write up the names as they are called out.

COVID-safe version:

N/A

Online Lesson Version:

N/A