

Wide or Narrow?

Type of exercise:	Introduction	Drug Information	Related Information
	<u>Attitudes</u>	Skill Development	
Suitable for:	Christian	Secular	<u>Both</u>
Approximated time:	20 minutes		
Age range:	8+		
Equipment:	What you would need for an obstacle course Blindfolds		
Learning outcome:	To discuss why we might sometimes choose a more difficult way		
Tips/information:			

Description of exercise:

Make two obstacle courses, one easy, one hard.

Put the group into two teams. The teams have to choose which obstacle course they want to do. For every person that completes the easy course they get 1 point. For every person that completes the hard course they get 5 points. Both teams have 5 minutes.

(Or, if you only have one course, they can choose to do the course with or without a blindfold - with someone guiding them)

Which option do they choose?

Explain to them afterwards that the Bible tells us that the easy course isn't even worth 1 point. If we choose that path we'll end up with nothing. But the Bible tells us that the hard path is worth so much more than 5 points, it's worth eternity with God.

(See Matthew 7.13)

Varieties of this game could be throwing balls into a big/close bucket or a small/ far away bucket (1 point for big bucket, 5 points for small bucket)