Young People,
Drugs & the Role of the Youth Worker
- A practical training programme for anyone working with youth workers

Hope UK is a drug awareness charity, providing interactive Alcohol and Drug awareness sessions for children, young people and those who work and care for them. For more information about Hope UK see www.hopeuk.org.

Course Content
The course aims to increase basic knowledge about the effects of drugs. It has a focus on the social effects of drug use, in particular on the individual and peer influences, and gives a number of practical ideas on how to work with these issues. See the content of programme overleaf for more details.

Accreditation
The course is a portfolio–based programme of one level 3 unit accredited with Open College Network, London Region (OCNLR) (this roughly corresponds to A’ Level standard) giving 3 credits. We ensure that all training provided meets OCNLR standards.

Course outline
Trainers from Hope UK would work with you over two full days. Work will be expected by the learners in addition to attendance at the course. If the training runs over two full days, work will need to be done prior to the start of the course, as well as after the two days. Each learner will develop a portfolio with relevant material, much of which will be gathered during training, but some of which will have to be obtained through using the training in real-life situations.

Costs
Courses you host cost £600 (for the 2 days) plus expenses, with a charge of £10 per learner for materials and £50 per learner for the accreditation (registration and assessment).

‘Open’ courses are charged at £100 per learner with an additional £50 per person if accreditation is required – a minimum of 8 learners is required for the course to proceed.

Practical details
If you are interested in hosting a course, please make sure it is approved by your organisation. You will need a group of at least 8 learners. Costs will vary depending on your organisation’s needs.

For more details please contact:

Sarah Brighton
Chief Operations Manager
Email: s.brighton@hopeuk.org
HQ: 25(f) Copperfield Street, LONDON SE1 0EN
T: 020 7928 0848 www.hopeuk.org
Programme content

Drug Awareness
- Definition of ‘drug’
- Names & categories of drugs
- Drug samples, paraphernalia
- Patterns of drug use
- Drugs & the law
- Signs & symptoms of drug use

Social Effects of Drugs
- Social effects of alcohol
- Why do people use drugs?
- What can we do?

Preventative Tools
- Most dangerous drug
- Practical tools to use in drug prevention
- Government strategies

Intervention Tools
- Drugs policy
- Help available
- Case studies

Shorter course options
We are also able to offer shorter versions of this course (1 day or ½ a day) that would not be accredited but would still equip learners in their jobs; for example:

1-Day
Drug Awareness
Could include:
- Alcohol, tobacco and drug info
- Social issues
- The law
- Signs and symptoms
- Why people and young people use drugs
- Peer influence and peer resistance skills
- Where to go for help
- Attitudes

½-Day
Drug Awareness
Could include anything from the 1 day option and would be tailor-made to suit your needs