

# Young People, Drugs & the Role of the Youth Worker

*A practical training programme for anyone working with young people.*

Hope UK is a drug awareness charity, providing interactive alcohol and other drug awareness sessions for children, young people and those who work and care for them.

## **Course content**

The course aims to increase basic knowledge about the effects of drugs. It has a focus on the social effects of drug use, in particular on the individual and peer influences, and gives a number of practical ideas on how to work with these issues. See the content of programme overleaf for more details.

## **Accreditation**

The course is a portfolio-based programme of one level 3 unit accredited with Open College Network London (OCNL) (this roughly corresponds to A-Level standard) giving 3 credits. We ensure that all training provided meets OCNL standards.

## **Course outline**

Trainers from Hope UK would work with you over two full days. Learners wishing to receive credit for this programme will have to undertake additional, portfolio-based work. Usually, some work will need to be done prior to the start of the course, as well as after the two days. Each learner will develop a portfolio with relevant material, much of which will be gathered during training, but some of which will have to be obtained through using the training in real-life situations.

## **Costs**

Courses you host cost £700 (for the 2 days) plus expenses, with a charge of £10 per learner for materials and £50 per learner for the accreditation (registration and assessment).

'Open' courses are charged at £100 per learner with an additional £50 per person if accreditation is required – a minimum of 8 learners is required for the course to proceed.

## **Practical details**

If you are interested in hosting a course, please make sure it is approved by your organisation. You will need a group of at least 8 learners. Costs will vary depending on your organisation's needs.

For more details please contact: [enquiries@hopeuk.org](mailto:enquiries@hopeuk.org)

# Programme content

## Drug Awareness

- Definition of 'drug'
- Names & categories of drugs
- Drug samples, paraphernalia
- Patterns of drug use
- Drugs & the law
- Signs & symptoms of drug use

## Social Effects of Drugs

- Social effects of alcohol
- Why do people use drugs?
- What can we do?

## Preventative Tools

- Activities to use with young people

## Intervention Tools

- Drugs policy
- Help available
- Case studies

## Shorter course options

We are also able to offer shorter versions of this course (1 day or ½ a day) that would **not** be accredited but would still equip learners for their work. As these courses are not accredited they can be designed for your organisational needs. For example:

### 1-day course

- Alcohol, tobacco and drug info
- The law
- Signs and symptoms of use
- Why people and young people use drugs (and how to respond)
- Peer influence and peer resistance skills
- Where to go for help

Hope UK  
50 Gold Street  
Kettering  
NN16 8JB

020 7928 0848